

## Full Report (All Nutrients) 45155842, GOYA, RICE PRIMAVERA, SPRING VEGETABLES & CHEDDAR, UPC: 041331026642

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**Report Date: May 28, 2017 05:51 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer GOYA

Nutrient	Unit	Data points	Std. Error	0.25 cup 45g	1 Value Per100 g
<b>Proximates</b>					
Total lipid (fat)	g	--	--	0.65	1.44
Carbohydrate, by difference	g	--	--	36.00	80.00
Fiber, total dietary	g	--	--	1.0	2.2
<b>Minerals</b>					
Calcium, Ca	mg	--	--	20	44
Iron, Fe	mg	--	--	0.72	1.60
Sodium, Na	mg	--	--	408	907
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Cholesterol	mg	--	--	3	7
<b>Amino Acids</b>					
<b>Other</b>					
<b>Ingredients</b>					
LONG GRAIN PARBOILED RICE ENRICHED WITH IRON (FERRIC ORTHOPHOSPHATE), NIACIN, THIAMINE (THIAMINE MONONITRATE) AND FOLIC ACID, CHEESE POWDER (WHEY POWDER, MALTODEXTRIN, CHEDDAR CHEESE/-CHEESE FLAVOR/BLUE CHEESE [CULTURED MILK, SALT, ENZYMES, ANNATTO COLOR] <i>Date Available: 05/12/2015</i> <i>Date Last Updated by Company: 05/12/2015</i>					